

# Neurocapillary-Modulation

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## ABSTRACT

**Objectives:** We consider two consequences of brain capillary ultrastructure in neuromodulation. First, blood-brain barrier (BBB) polarization as a consequence of current crossing between interstitial space and the blood. Second, interstitial current flow distortion around capillaries impacting neuronal stimulation.

**Materials and Methods:** We developed computational models of BBB ultrastructure morphologies to first assess electric field amplification at the BBB (principle 1) and neuron polarization amplification by the presence of capillaries (principle 2). We adapt neuron cable theory to develop an analytical solution for maximum BBB polarization sensitivity.

**Results:** Electrical current crosses between the brain parenchyma (interstitial space) and capillaries, producing BBB electric fields ( $E_{\text{BBB}}$ ) that are >400x of the average parenchyma electric field ( $E_{\text{BRAIN}}$ ), which in turn modulates transport across the BBB. Specifically, for a BBB space constant ( $\lambda_{\text{BBB}}$ ) and wall thickness ( $d_{\text{th-BBB}}$ ), the analytical solution for maximal BBB electric field ( $E_{\text{BBB}}^A$ ) is given as:  $(E_{\text{BRAIN}} \times \lambda_{\text{BBB}})/d_{\text{th-BBB}}$ . Electrical current in the brain parenchyma is distorted around brain capillaries, amplifying neuronal polarization. Specifically, capillary ultrastructure produces ~50% modulation of the  $E_{\text{BRAIN}}$  over the ~40  $\mu\text{m}$  inter-capillary distance. The divergence of  $E_{\text{BRAIN}}$  (Activating function) is thus ~100  $\text{kV}/\text{m}^2$  per unit  $E_{\text{BRAIN}}$ .

**Conclusions:** BBB stimulation by principle 1 suggests novel therapeutic strategies such as boosting metabolic capacity or interstitial fluid clearance. Whereas the spatial profile of  $E_{\text{BRAIN}}$  is traditionally assumed to depend only on macroscopic anatomy, principle 2 suggests a central role for local capillary ultrastructure—which impact forms of neuromodulation including deep brain stimulation (DBS), spinal cord stimulation (SCS), transcranial magnetic stimulation (TMS), electroconvulsive therapy (ECT), and transcranial electrical stimulation (tES)/transcranial direct current stimulation (tDCS).

**Keywords:** Blood-brain barrier, BBB amplification, electric field, neurovascular coupling, neurovascular unit, neuron polarization

**Conflict of Interest:** The City University of New York (CUNY) has IP on neuro-stimulation systems and methods with authors Niranjan Khadka and Marom Bikson as inventors. Marom Bikson has equity in Soterix Medical. Marom Bikson served on the advisory boards, received grants, and/or consulted for Boston Scientific, Mecta, Halo Neuroscience, and GlaxoSmithKline Inc. Dr. Khadka has no conflicts of interest to disclose.

## INTRODUCTION

Vascular responses are ubiquitous across neuromodulation<sup>1–6</sup> but are considered epiphenomena to neuronal stimulation. Common functional imaging techniques measure hemodynamic response (eg, Arterial Spin Labeling fMRI,  $\text{H}_2\text{O}^{15}$  PET, SPECT, BOLD fMRI, fNIRS) and are interpreted as indexing neuronal activation through neurovascular coupling (NVC). NVC is the mechanism by which increased neuronal activity regulates cerebral blood flow (CBF) to assure that the blood supply of the brain is commensurate to local cellular metabolism.<sup>7,8</sup> The mechanisms of NVC are studied to enhance interpretation of hemodynamic-based imaging techniques<sup>9</sup> and understand the role of cerebral blood flow and in disease such as hypertension, Alzheimer disease, and stroke.<sup>7</sup> NVC is activated in animals using mechanosensory stimulation,<sup>9–11</sup> visual stimulation,<sup>12–14</sup> and electrical stimulation of peripheral<sup>15,16</sup> or central axons *distal* to the brain region of interest.<sup>17–19</sup> Stimulation applied directly to a brain region is a special case where brain vasculature can be directly activated<sup>20–23</sup> which 1) reverses the typical recruitment order of NVC, suggesting functional imaging in fact shows direct hemodynamic activation and 2) resulting in peculiar (supra-physiological) neurovascular changes that suggest

novel therapeutic strategies (eg, metabolic capacity, interstitial clearance).

The brain capillary bed is a dense network of interconnected vessels formed by specialized endothelial cells. The blood-brain

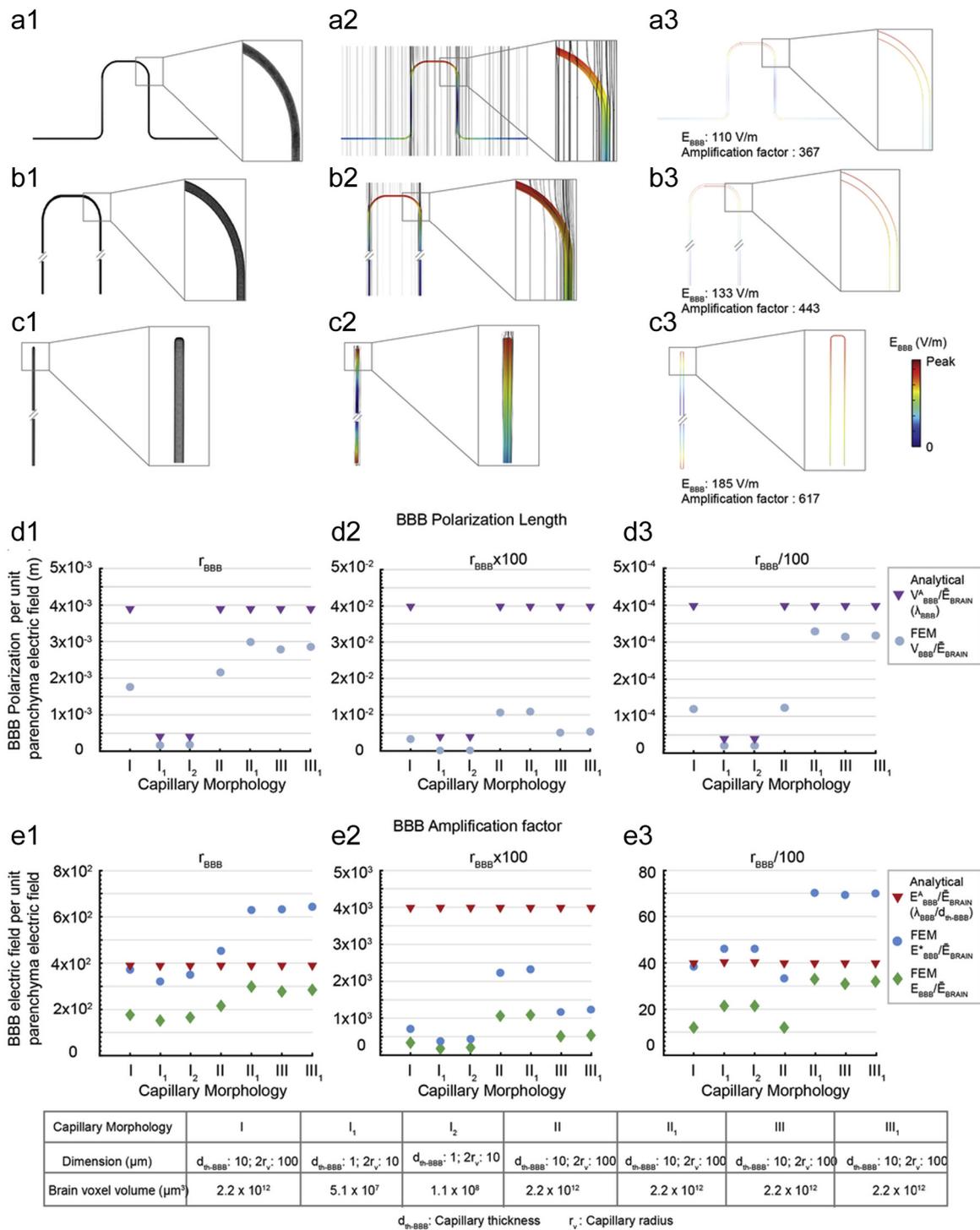
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**Figure 1.** Maximal BBB polarization and electric field amplification across prototypical capillary morphologies compared to analytical maxima. Architecture of three exemplary capillary morphologies (a1) capillary morphology 1: semi-circular loop (fixed curvature width) with semi-infinite orthogonal straight segments, (b1) capillary morphology 2: semi-circular loop (varied curvatures) with semi-infinite parallel straight segments, and (c1) capillary morphology 3: semi-infinite straight tube with tapered end.  $d_{th-BBB}$  and  $2r_v$  refers to capillary wall thickness and capillary lumen diameter, respectively. Current flow and specifically maximal electric field intensity across the BBB ( $E_{BBB}$ ) were predicted. Capillary morphology 1 includes three morphological variations (I, I<sub>1</sub>, and I<sub>2</sub>) with fixed curvature width, but varied  $d_{th-BBB}$  (I: 10 μm; I<sub>1</sub>: 1 μm; I<sub>2</sub>: 1 μm) and  $2r_v$  (I: 100 μm; I<sub>1</sub>: 10 μm; I<sub>2</sub>: 10 μm). Capillary morphology 2 includes two morphological variations (II and II<sub>1</sub>) with similar  $d_{th-BBB}$  (10 μm),  $2r_v$  (100 μm) but varied curvature width (II: 1000 μm; II<sub>1</sub>: 200 μm). Capillary morphology 3 includes two morphological variations (III and III<sub>1</sub>) with similar  $d_{th-BBB}$  (10 μm),  $2r_v$  (100 μm) but varied terminal conditions (III: one end open; III<sub>1</sub>: both ends sealed). Predicted brain current flow pattern (black flux lines) and BBB electric field (false color) are shown for capillary morphology 1, parameters I (a2, a3), capillary morphology 2, parameters II (b2, b3), and capillary morphology 3, parameters III (c2, c3). The amplification factor (maximal  $E_{BBB}$  per unit parenchyma electric field) was 367, 443, and 617, respectively, for these three exemplary BBB capillary morphologies and parameters (a3; b3; c3). In addition, for each capillary morphology and variation, BBB resistivity (and so BBB space constant) was varied from a standard value (d1, e1;  $r_{BBB} = 1 \times 10^5 \Omega \cdot m$ ) by a factor of 100 up (d2; e2;  $r_{BBB} \times 100 = 1 \times 10^7 \Omega \cdot m$ ) or down (d3; e3;  $r_{BBB}/100 = 1 \times 10^3 \Omega \cdot m$ ). For each FEM simulation, BBB polarization per unit brain parenchyma (BBB

barrier (BBB) is the interface between the blood and brain interstitial fluid. Endothelial cells are sealed together by tight junctions, resulting in an exceptionally resistive BBB. Capillary diameter in the brain is  $\sim 10 \mu\text{m}$  and the average intercapillary distance is  $\sim 40 \mu\text{m}$ ,<sup>24,25</sup> such that neuronal processes are  $< 20 \mu\text{m}$  from the nearest capillary.<sup>26</sup> Moreover, brain capillaries are encased in extracellular matrix proteins and surrounded by specialized neuronal processes and the perivascular end feet of astrocytic glia.<sup>27</sup>

Here, we consider two consequences of BBB ultrastructure in neuromodulation. First, to what extent does the BBB polarize as a consequence of current crossing between interstitial space and the blood (principle 1). NVC and interstitial fluid clearance govern brain health and can be compromised in disease.<sup>7</sup> For example, Alzheimer's disease (AD) is associated with build-up of misfolded proteins<sup>28,29</sup> and impaired clearance systems.<sup>30</sup> Generally, NVC and interstitial fluid clearance is compromised with age,<sup>31–33</sup> which may further be linked to the role of clearance mechanisms during sleep.<sup>34</sup> Interventions enhancing clearance in the brain may treat diverse neurological disorders including of aging.<sup>29,35</sup> By predicting BBB polarization, principle 2 provides a substrate for developing neurocapillary-modulation targeting brain clearance. For example, we proposed transcranial direct current stimulation (tDCS) boosts interstitial fluid transport based on BBB electro-osmosis.<sup>21</sup>

Second, current flow through the interstitial space is considered insensitive to cellular ultrastructure,<sup>36</sup> which has important consequences in predicting which neuronal elements are stimulated.<sup>37</sup> But, the role of capillaries in distorting current flow is addressed for the first time here (principle 2). We specifically advance the theory that if microscopic electric field gradients (activating function) around neurons created by BBB ultrastructure are larger than that produced by macroscopic tissues changes,<sup>38–41</sup> then neuronal stimulation is in fact predicted by the average local electric field<sup>42,43</sup> as convoluted by regional BBB properties. The consequences of this analysis span all forms of brain stimulation including deep brain stimulation (DBS), spinal cord stimulation (SCS), transcranial magnetic stimulation (TMS), electroconvulsive therapy (ECT), and transcranial electrical stimulation techniques (tES) such a tDCS.

## MATERIALS AND METHODS

The anatomy of brain vasculature is intractably complex across scales, and current crossing the BBB can exit at neighboring locations or traverse broadly across vascular system, such that macroscopic anatomy may impact microscopic current flow. We overcome this by designing models (eg, capillary orientation and capillary border boundary conditions) such that assessed variables (eg, question being asked) were independent of exterior volume dimensions or capillary length. For electric field amplification at the BBB, the models address questions regarding the maximum current density crossing the BBB for a given capillary morphology. We also adapt neuron cable theory<sup>44–48</sup> to develop an analytical solution for maximum BBB polarization sensitivity. For addressing neuron polarization amplification by capillary ultrastructure, parallel vessels (with no tortuosity and region-specific inter-capillary distance) are a conservative model.

polarization length) and  $E_{\text{BBB}}$  per unit brain parenchyma (BBB Amplification factor) is summarized. Since  $E_{\text{BBB}}$  was not uniform across the capillary wall, we report "punctate"  $E_{\text{BBB}}$  (at any point within the capillary wall) as well as the average  $E_{\text{BBB}}$  ( $V_{\text{BBB}}/d_{\text{th-BBB}}$ ). Finally, the analytically derived (see Methods) maximum BBB polarization length ( $\lambda_{\text{BBB}}$ ) and BBB amplification factor ( $\lambda_{\text{BBB}}/d_{\text{th-BBB}}$ ) are reported for each model.

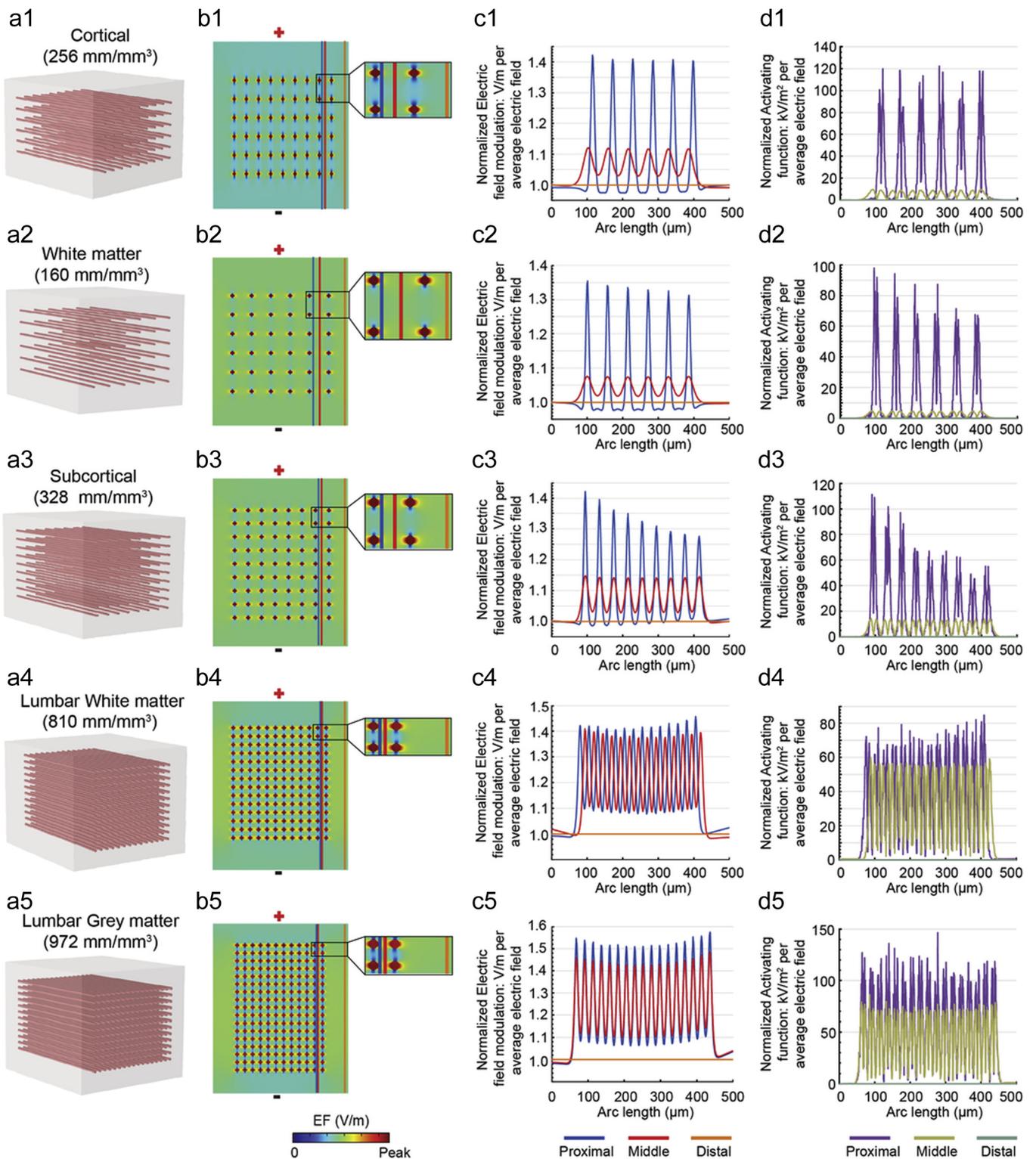
## Model Construction and Solution Method

We developed a computer-aided design (CAD) model of BBB ultrastructure to first assess electric field amplification at the BBB (principle 1) and neuron polarization amplification by capillaries (principle 2). Different prototypical capillaries morphologies were modeled as CAD files in SolidWorks (Dassault Systemes Corp, MA) and imported into Simpleware (Synopsis Inc, CA) to generate an adaptive tetrahedral mesh using a built-in voxel-based meshing algorithm. Mesh density was refined until additional model refinement produced less than 1% difference in extracellular voltage at the BBB. The resulting model consisted of  $> 28$  million,  $> 68$  million, and  $> 41$  tetrahedral elements for the three exemplary prototypical capillary morphologies: (morphology 1) semi-circular loop (fixed curvature width) with semi-infinite orthogonal straight segments (Fig. 1a1); (morphology 2) semi-circular loop (varied curvatures) with semi-infinite parallel straight segments (Fig. 1b1); (morphology 3) semi-infinite straight tube with variant terminal conditions (Fig. 1c1), and  $> 38$  million,  $> 29$  million,  $> 45$  million,  $> 68$  million, and  $> 70$  million for cortical (Fig. 2a1), white matter (Fig. 2a2), subcortical (Fig. 2a3), thoracic white matter (Fig. 2a4), and thoracic gray matter (Fig. 2a5) vasculature models, respectively.

Normal current density was applied to one surface of the brain voxel while the opposite surface of the brain voxel was grounded, with the remaining external boundaries insulated. For computation, we used  $0.08 \text{ A/m}^2$  (corresponding to  $\sim 1 \text{ mA tDCS}$ <sup>42</sup>); however, all results were reported as normalized (ie, per unit parenchyma electric field) by dividing results by the average ("bulk") parenchyma electric field ( $\bar{E}_{\text{BRAIN}}$ ). This is the same as the uniform electric field produced in a model with homogenous resistivity (ie, only brain parenchyma). Laplace equation ( $\nabla \cdot (\sigma \nabla V) = 0$ , where  $V$  is extracellular voltage and  $\sigma$  is electrical conductivity) was applied and solved as the field equation to determine the extracellular voltage distribution throughout the model. Three-dimensional (3D) extracellular voltage, electric field, and activating function were predicted in different capillary morphologies, and resulting BBB polarization length, BBB amplification factor, or neuronal polarization amplification by capillary ultrastructure were calculated.

## Models of BBB Electric Field Amplification (Principle 1): Numerical Solutions

For electric field amplification at the BBB, we simulated three variations of capillary morphology 1, namely I, I<sub>1</sub>, and I<sub>2</sub>, with fixed curvature width ( $1000 \mu\text{m}$ ), and varied wall thickness ( $d_{\text{th-BBB}}$ ), lumen diameter ( $d_l$ ) and brain voxel volume. In variation I, the  $d_{\text{th-BBB}}$  was  $10 \mu\text{m}$ ,  $d_l$  was  $100 \mu\text{m}$ , and brain voxel volume was  $2.2 \times 10^{12} \mu\text{m}^3$ . In variation I<sub>1</sub> and I<sub>2</sub>, the  $d_{\text{th-BBB}}$  was  $1 \mu\text{m}$  and  $d_l$  was  $10 \mu\text{m}$ , while the brain voxel volumes were  $5.1 \times 10^7 \mu\text{m}^3$  and  $1.1 \times 10^8 \mu\text{m}^3$ , respectively. Unless otherwise mentioned,  $2.2 \times 10^{12} \mu\text{m}^3$  was used as a standard brain voxel volume for the remaining capillary morphology models. Capillary morphology 2 included two morphological variations, namely II and II<sub>2</sub>. In both of these variations, the  $d_{\text{th-BBB}}$  was  $10 \mu\text{m}$  and  $d_l$  was  $100 \mu\text{m}$ , whereas the curvature widths were  $1000 \mu\text{m}$  and  $200 \mu\text{m}$ , respectively, for variation II and II<sub>2</sub>. Capillary morphology 3 included III and III<sub>1</sub> morphological variations with variant terminal conditions. In



**Figure 2.** Impact of capillary ultrastructure on brain electric field. We consider capillary ultrastructure network for five brain regions (cortical, thoracic white matter, and thoracic gray matter). a1–a5. Illustrates capillary network for these brain regions, noting the regional capillary length density (mm length per mm<sup>3</sup> volume). b1–b5. Predicted electric field in a plane crossing the capillary bed, shows local distortion of electric field by the capillaries. Also illustrated is the straight trajectory for sampling of electric field and activating function: 1) proximal trajectory (~5 µm away from nearest capillary; blue line), middle trajectory (in between adjacent capillaries; red line), and distal trajectory (region without capillary; orange line). c1–c5. Normalized electric field magnitude (per unit parenchyma electric field) along three trajectories. The degree of electric field modulation was higher for trajectories passing nearer capillaries and for denser capillary beds. d1–d5. Electric field gradient (activating function) magnitude (per unit parenchyma electric field) along three trajectories. Neuronal activation at the proximity of a capillary was ~100 kV/m<sup>2</sup> per unit average parenchyma electric field ( $\bar{E}_{\text{BRAIN}}$ ). Activating functions were higher for trajectories passing nearer capillaries and for denser capillary beds.

variation III, one terminal of a semi-infinite straight tube was open, whereas both terminals were sealed in variation III<sub>1</sub>. The  $d_{th-BBB}$  was 10  $\mu\text{m}$  and  $d_l$  was 100  $\mu\text{m}$  for both III and III<sub>1</sub> variations. The semi-circular loop of capillary morphology 1 and 2 or tapered end of capillary morphology 3 was oriented toward the energized surface of the brain voxel. Capillary wall and lumen dimensions were based on cadaveric studies and imaging data.<sup>49-56</sup>

Unless otherwise indicated, standard electrical resistivity (reciprocal of electrical conductivity) was assigned to each model domain as: capillary wall:  $1 \times 10^5 \Omega\cdot\text{m}$ ; capillary lumen: 1.42  $\Omega\cdot\text{m}$ ; and brain parenchyma: 3.62  $\Omega\cdot\text{m}$ . In some simulations, capillary wall resistivity was increased or decreased 100-fold.

Capillary morphology 1 was positioned at the middle of the brain voxel in such a way that boundaries of capillary wall and lumen at the terminating ends of the orthogonal straight segments were sealed. Capillary wall and lumen boundaries at the terminating ends of the semi-infinite parallel segments of capillary morphology 2 were open (ground). Capillary morphology 3 was also positioned at the middle of the brain voxel, and the capillary lumen domain was enclosed by the capillary wall domain, with 1  $\mu\text{m}$  spacing between them. Together they formed a semi-infinite membrane.

The numerical maxima for BBB polarization length (BBB polarization per unit parenchyma electric field) is given as:

$$V_{BBB} / \bar{E}_{BRAIN} \quad (1)$$

where  $V_{BBB}$  is a predicted BBB polarization (V) and  $\bar{E}_{BRAIN}$  is an average predicted parenchyma electric field (V/m). The numerically computed average BBB electric field amplification (BBB electric field per unit parenchyma electric field) is expressed as:

$$E_{BBB} / \bar{E}_{BRAIN} \quad (2)$$

where  $E_{BBB}$  (V/m) is an average electric field across the capillary wall thickness, calculated as  $V_{BBB}$  per BBB thickness:

$$V_{BBB} / d_{th-BBB} \quad (3)$$

The punctate (maximal) BBB electric field amplification is expressed as:

$$E_{BBB}^* / \bar{E}_{BRAIN} \quad (4)$$

where  $E_{BBB}^*$  (V/m) is the maximum predicted BBB electric field within the capillary wall, noting the electric field inside the capillary wall can change across the wall depth.

### Models of BBB Electric Field Amplification (Principle 1): Analytical Solutions

Analytical analysis of polarization of axon terminals in an electric field based on cable theory<sup>47,48,57</sup> shows the maximal polarization that can be experienced at a bent or terminating axon terminal as:

$$V_{TM} = EF \times \lambda_m \quad (5)$$

where  $V_{TM}$  is the change in axon terminal transmembrane potential,  $EF$  is the electric field around the terminal (V/m), and  $\lambda_m$

is the terminal space constant (m).  $\lambda_m$  is a function of only the axon membrane resistivity ( $r_m$ : $\Omega\cdot\text{m}$ ) and axon intracellular resistivity ( $r_i$ : $\Omega\cdot\text{m}$ ) as:

$$\lambda_m = (r_m / r_i)^{1/2} \quad (6)$$

This maximal axon terminal polarization sensitivity may be secondarily amplified by “active” sub-threshold active channels at the terminal<sup>58</sup> and trigger a supra-threshold action potential. A maximal “passive” neuronal sensitivity of  $\lambda_m$  still applies, including to more complex neuronal structures.<sup>44,59</sup>

Our analytical model for BBB polarization adapts this same cable theory where we model the capillary wall (BBB) as analogous to a continuous extracellular membrane and we model the capillary lumen (blood) as analogous to the continuous intracellular compartment. The analytically derived maximal BBB polarization is therefore expressed as:

$$V_{BBB}^A = \bar{E}_{BRAIN} \times \lambda_{BBB} \quad (7)$$

where  $V_{BBB}^A$  is BBB polarization (V),  $\bar{E}_{BRAIN}$  is an average parenchyma electric field (V/m), and  $\lambda_{BBB}$  is defined here as the BBB space constant (m).  $\lambda_{BBB}$  is a function of only the capillary wall (BBB) resistivity ( $r_{BBB}$ :  $\Omega\cdot\text{m}$ ) and capillary lumen (blood) resistivity ( $r_{BLOOD}$ :  $\Omega\cdot\text{m}$ ) as:

$$\lambda_{BBB} = (r_{BBB} / r_{BLOOD})^{1/2} \quad (8)$$

The analytical polarization length ( $V_{BBB}^A$  per unit  $\bar{E}_{BRAIN}$ ) is thus  $\lambda_{BBB}$ . The maximal analytical BBB electric field is then expressed as:

$$E_{BBB}^A = V_{BBB}^A / d_{th-BBB} \quad (9)$$

The analytical maximal amplification factor ( $E_{BBB}^A$  per unit  $\bar{E}_{BRAIN}$ ) is then estimated as:

$$\lambda_{BBB} / d_{th-BBB} \quad (10)$$

Brain vasculature structure and properties are not simply analogous to axons of neurons, so we use numerical FEM simulations of various exemplary capillary morphologies to test whether our analytical solution predicts maximal BBB polarization and so also the maximal BBB electric field. While we designed the models such that the  $V_{BBB}$  and  $E_{BBB}$  were independent of brain voxel size, anomalous current patterns where blood vessel contacting model boundaries were not considered.

### Models of Neuron Polarization Amplification (Principle 2)

For neuron polarization amplification by capillaries, we modeled semi-infinite parallel solid capillaries, adjusting the length density ( $L_v$ ) of capillaries for varied brain regions (cortical gray matter, white matter, subcortical, thoracic white matter, and thoracic gray-matter; Fig. 2) that are therapeutic targets (Table 1) for different modes of electrical stimulation (tDCS, TMS, ECT, DBS, and SCS). Solid capillaries were modeled with a uniform resistivity of  $1 \times 10^5 \Omega\cdot\text{m}$ .

Factors driving neuron polarization amplification by capillaries were quantified as normalized electric fields (per unit parenchyma

**Table 1.** Predicted Maximal  $V_{BBB}$  and  $E_{BBB}$  for Various Therapeutic Modalities and Brain Targets.

| Brain region       | Therapy mode | Capillary thickness (m) | $r_{BBB}: \rho_{BBB}^* d_{th-BBB} / (2\pi r_c) (\Omega \cdot m)$ | $r_{BLOOD}: \rho_{BBB} / (\pi d_c^2 / 4) (\Omega \cdot m)$ | $\lambda_{BBB}: (r_{BBB} / r_{BLOOD})^{1/2} (m)^{44-46}$ | Average electric field in brain ROI $\bar{E}_{BRAIN} (V/m)$ | $V_{BBB}^A: \bar{E}_{BRAIN}^* \lambda (V)$     | $E_{BBB}^A: V_{BBB} / d_{th-BBB} (V/m)$ |
|--------------------|--------------|-------------------------|--|--|--|---|--|---|
| Cortical           | tDCS         | $1 \times 10^{-6}$      | $4.92 \times 10^3$   | $6.08 \times 10^3$   | $2.84 \times 10^{-4}$                                    | 0.3–0.6 <sup>60,61</sup>                                    | $8.53 \times 10^{-5}$ to $1.71 \times 10^{-4}$ | 85–171                                  |
| Cortical           | TMS          | $1 \times 10^{-6}$      | $4.92 \times 10^3$   | $6.08 \times 10^3$   | $2.84 \times 10^{-4}$                                    | 56.5–157.7 <sup>62–64</sup>                                 | $1.61 \times 10^{-2}$ to $4.49 \times 10^{-2}$ | $1.61 \times 10^4$ – $4.49 \times 10^4$ |
| Cortical           | ECT          | $1 \times 10^{-6}$      | $4.92 \times 10^3$   | $6.08 \times 10^3$   | $2.84 \times 10^{-4}$                                    | 125–240 <sup>63,65,66</sup>                                 | $3.56 \times 10^{-2}$ to $6.83 \times 10^{-2}$ | $3.56 \times 10^4$ – $6.83 \times 10^4$ |
| Subcortical        | ECT          | $1 \times 10^{-6}$      | $4.92 \times 10^3$   | $6.28 \times 10^3$   | $2.82 \times 10^{-4}$                                    | 100–125 <sup>65,67</sup>                                    | $2.82 \times 10^{-2}$ to $3.52 \times 10^{-2}$ | $2.82 \times 10^4$ – $3.52 \times 10^4$ |
| STN, GPi, Thalamus | DBS          | $1 \times 10^{-6}$      | $4.99 \times 10^3$   | $6.57 \times 10^3$   | $2.78 \times 10^{-4}$                                    | 200–1069 <sup>68–71</sup>                                   | $5.60 \times 10^{-2}$ to $2.97 \times 10^{-1}$ | $5.56 \times 10^4$ – $2.97 \times 10^5$ |
| White matter       | SCS          | $1 \times 10^{-6}$      | $5.08 \times 10^3$   | $2.70 \times 10^4$   | $2.70 \times 10^{-4}$                                    | 14.7–25.6 <sup>72,73</sup>                                  | $3.97 \times 10^{-3}$ to $6.91 \times 10^{-3}$ | $3.97 \times 10^3$ – $6.91 \times 10^3$ |
| Gray matter        | SCS          | $1 \times 10^{-6}$      | $5.31 \times 10^3$   | $7.28 \times 10^3$   | $2.70 \times 10^{-4}$                                    | 42 <sup>72</sup>  | $1.13 \times 10^{-2}$ to $1.49 \times 10^{-2}$ | $1.13 \times 10^4$ – $1.49 \times 10^4$ |

Region-specific capillary anatomies and resistivities were used to calculate a representative BBB space constant ( $\lambda_{BBB}$ ) for each region. Based on our analytical derivation, maximum voltage across the BBB ( $V_{BBB}^A$ ) and electric field across the BBB ( $E_{BBB}^A$ ) are calculated.

electric field) and normalized activating functions (per unit parenchyma electric field) at three different brain voxel locations: proximal (~5  $\mu m$  away from capillary), middle (in between two capillaries), and distal (no capillary zone) (Fig. 2b1–b5).

### Exemplary Translational Applications (Principle 2) Across Neuromodulation Modalities

We simulated three modalities of neuromodulation: tES, SCS, and DBS to demonstrate the modulation of electric field and thus the neuronal polarization by the capillary ultrastructure. The modeling approach is multiscale. In the first step, we computed brain current flow based on electrode position and macroscopic tissues properties—without capillaries represented. In the second setup, in selected ROI, we compute how the incident current is modulated by region-specific capillary structure. Specifically, the electric field and activating function for each standard macroscopic models (without capillaries) were sampled from two 3 mm  $\times$  3 mm ROIs (solid black and dotted black, see Fig. 3), defined in the respective brain/spinal cord region (tES: gray matter [GM] and white matter [WM]; SCS: dorsal column [DC] and dorsal horn [DH]; DBS: subthalamic nucleus [STN] and globus pallidus internus [GPi]). Then the average electric field within the ROIs from the standard models were applied to a brain voxel including the vascular-ultrastructure model (with brain/spinal cord specific capillary density), and the corresponding modulated electric fields and activating functions were predicted.

For the tES modality (tDCS in this case), we simulated a M1-SO montage (anode over M1) with 5  $\times$  5 cm<sup>2</sup> sponge electrode and applied 1 mA via the anode, while the cathode was grounded. The respective tissue conductivities, model construction, and the computational solution method were discussed in detail elsewhere.<sup>74–76</sup> For the SCS model, we simulated a T8–T12 SCS model with an eight-contact SCS lead (C1–C8; C1 is the deeper contact) positioned epidurally and energized the C3 (anode: 5 mA<sub>peak</sub>), and C5 (cathode) contacts. We elsewhere discussed the modeling approaches in detail.<sup>72,77,78</sup> In the DBS modality, a four-contact DBS lead (C0–C3; C0 is the deeper contact) was positioned into the STN and the contacts were energized using a bipolar electrode configuration (C2: anode [5 mA<sub>peak</sub>] and C3: cathode). The model construction and solution methods were discussed in detail elsewhere.<sup>68</sup>

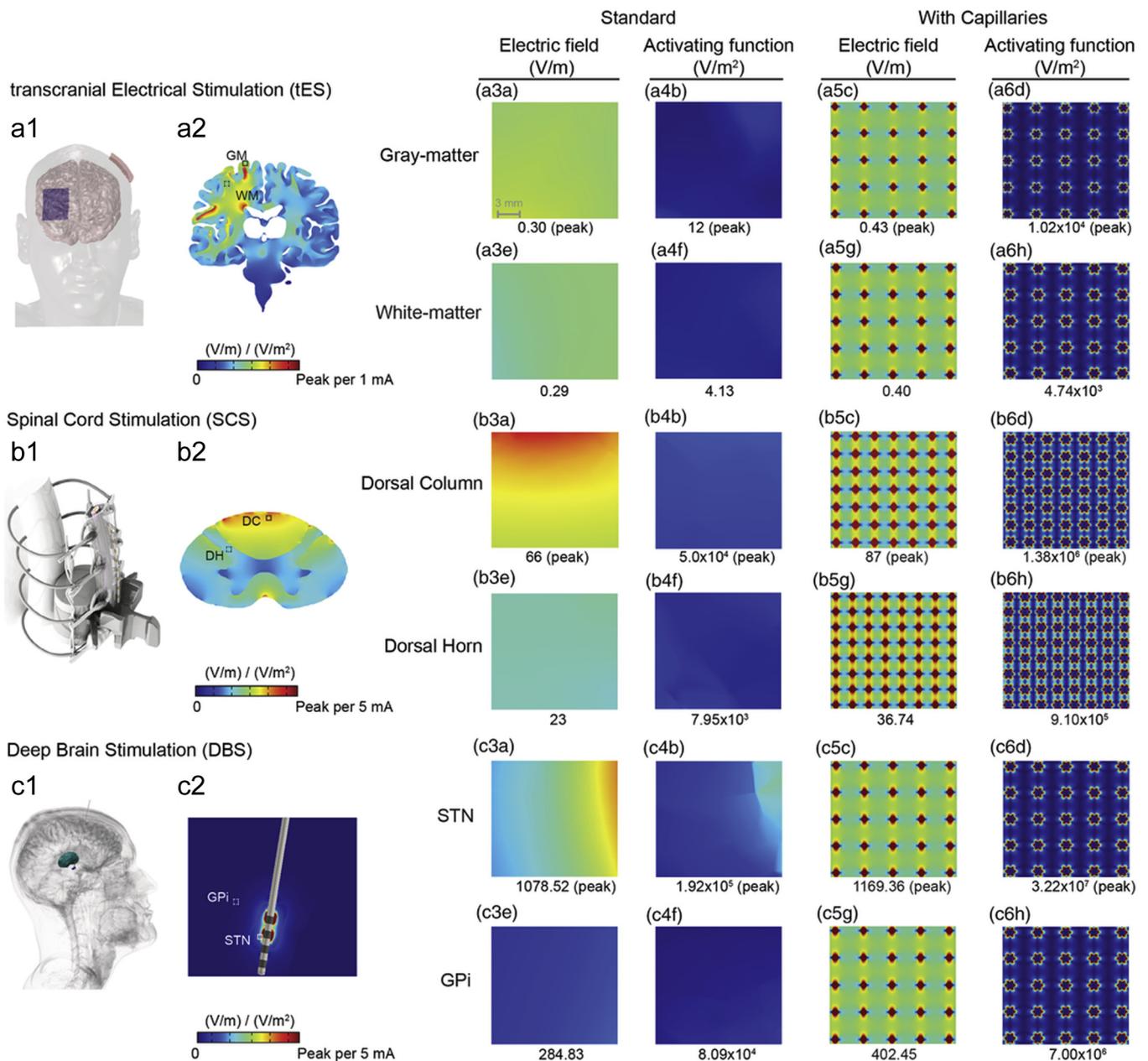
## RESULTS

### Theoretical Basis for Maximum Electric Field Amplification at the BBB (Principle 1)

To develop a theory quantifying BBB (capillary wall) polarization, resulting from current flow between the brain parenchyma and the blood during neuromodulation, we modeled stimulation across capillary segments of varied morphologies that are intended to capture maximum local polarization across a complex capillary network. We considered three prototypical capillary morphologies (Fig. 1a1,b1,c1). Capillary morphology 1 was a semi-circular loop (fixed curvature width) with semi-infinite orthogonal straight segments, with variants of capillary size ( $l$ ,  $l_1$ , and  $l_2$ ). Capillary morphology 2 was a semi-circular loop (varied curvatures) with semi-infinite parallel straight segments with variants of loop curvature ( $ll$  and  $ll_1$ ). Capillary morphology 3 was a semi-infinite straight tube with two variants of terminal conditions ( $lll$ ,  $lll_1$ ). FEM simulation predicted current flow through the brain voxel containing the capillary (Fig. 1a2,b2,c2), and specifically current flow across the BBB (Fig. 1a3,b3,c3). Models were designed so that maximum polarization was insensitive to the modeled tissue boundary size (see Methods).

For each morphology, the maximum voltage across the BBB ( $V_{BBB}$ ) and electric field across the BBB ( $E_{BBB}$ ) are reported as normalized to unit parenchyma electric field ( $E_{BRAIN}$ ). This allows reporting of BBB polarization length ( $V_{BBB}$  per unit  $E_{BRAIN}$ ; Fig. 1, row d) and the BBB amplification factor ( $E_{BBB}$  per unit  $E_{BRAIN}$ ; Fig. 1, row e). Thus, for any specific neuromodulation technology with a given average electric field in a brain target, the resulting BBB electric field is this average electric field times the region-specific amplification factor. Finally, for each capillary morphology, BBB resistivity was varied from a standard value ( $r_{BBB}$ ; Fig. 1d1,e1) up or down by a factor of 100 ( $r_{BBB} \times 100$ ; Fig. 1d2,e2;  $r_{BBB}/100$ ; Fig. 1d3,e3).

Note that the voltages ( $V_{BBB}$ ) and electric fields ( $E_{BBB}$ ) across the BBB segments varied for any capillary morphology; consistent with the objective of this section, we report local maxima for each stimulation. For example, peak  $E_{BBB}$  for the exemplary capillary morphologies I, II, and III (with standard  $r_{BBB}$ ) were, per unit  $\bar{E}_{BRAIN}$ : 367 V/m per V/m at capillary bend, 443 V/m per V/m at capillary bend, and 617 V/m per V/m at capillary terminal, respectively (Fig. 1a3,b3,c3). We further predicted a varied electric field across the capillary wall thickness (ie, the electric field



**Figure 3.** Application of neurocapillary-modulation in neuromodulation simulations of tES, DBS, and SCS. These exemplary simulations demonstrate the degree and spatial extent of electrical current flow distortion in the brain parenchyma around brain capillaries and the resulting amplification of neuronal polarization, driving factors such as electric field and activating function. a1. Conventional M1-SO tES montage predicts electric field distribution across the brain with a global pattern determined by macroscopic anatomy, as shown in a selected coronal slice (a2) under the M1 electrode. In a tES model without capillaries (standard model), (a3a, a3e) shows electric field distribution and (a4b, a4f) shows activating function within ROIs selected at the gray matter (GM) and white matter (WM). In a tES model with capillaries, there is a moderate increase in electric field (a5c, a5g) and a categorical increase in activating function (a6d, a6h). b1. A T8-T12 SCS model simulation with an eight-contact SCS lead positioned epidurally predicts electric field across the spinal cord based on macroscopic anatomy, as shown in a selected slice (b2), directly under an active electrode. In a model without capillaries represented, (b3a, b3e) shows electric field distribution and (b4b, b4f) shows activating function at ROIs defined at dorsal column (DC) and dorsal horn (DH). In a SCS model with capillaries represented, a moderately enhanced electric field (b5c, b5g) and a significantly elevated activating function (b6d, b6h) are predicted. c1. A model of a four-contact DBS lead positioned inside the subthalamic nucleus (STN) predicts a gross current flow pattern around the lead (c2), determined by the macroscopic properties. In a standard DBS model without capillaries represented, electric field distribution (c3a, c3e) and activating function (c4b, c4f) is predicted within ROIs selected at the STN and globus pallidus internus (GPi). In a DBS model with capillaries included, a moderately enhanced electric field (c5c, c5g) and a significantly enhanced activating function (c6d, c6h) is predicted.

changes across the BBB wall thickness). Unless otherwise stated,  $E_{BBB}$  is considered the average electric field across the capillary wall thickness for a given capillary segment, which is calculated using equation (3). In this section only, we also report the

maximal “punctate” electric field across any point inside the capillary wall as  $E_{BBB}^*$ .

Based on cable theory (see Methods), we developed an analytical solution for maximum BBB polarization ( $V_{BBB}^A$ ) which depends only

on the space constant ( $\lambda_{\text{BBB}}$ ) of the capillary (equation (7)). When  $V_{\text{BBB}}^A$  is expressed per unit  $\bar{E}_{\text{BRAIN}}$ , then the analytical maximum polarization length is simply  $\lambda_{\text{BBB}}$ . The analytical solution for maximum BBB electric field ( $E_{\text{BBB}}^A$ ) is then:

$$E_{\text{BBB}}^A = \bar{E}_{\text{BRAIN}} \times \lambda_{\text{BBB}} / d_{\text{th-BBB}} \quad (11)$$

Thus, the analytical maximum electric field amplification factor is  $\lambda_{\text{BBB}} / d_{\text{th-BBB}}$ .

For all the numerically (FEM) simulated capillary parameter, we also predicted (Fig. 1e,d) the corresponding analytical maximal BBB voltage ( $V_{\text{BBB}}^A$ ) and electric field ( $E_{\text{BBB}}^A$ ).  $\lambda_{\text{BBB}}$  depends on the square root of  $r_{\text{BBB}}$  (equation (8)), as a result,  $V_{\text{BBB}}^A$  and so  $E_{\text{BBB}}^A$ , vary by 10x across 100x changes in  $r_{\text{BBB}}$ . Note analytical predictions do not explicitly depend on capillary morphology (eg, morphology 1, 2, or 3) but depend on BBB capillary wall and lumen properties. The  $I_1$  and  $I_2$  variations of capillary morphology 1 are thus the only models with different  $V_{\text{BBB}}^A$ . However, this difference is then absent for predicted  $E_{\text{BBB}}^A$  because of the additional dependence on  $d_{\text{th-BBB}}$  (equation (11)).

In addition, across different variations of capillary morphologies and BBB capillary wall resistivities, we made two types of comparisons. First, for BBB polarization per unit parenchyma electric field, we compared numerical maxima ( $V_{\text{BBB}}$  per  $\bar{E}_{\text{BRAIN}}$ ) with the analytical BBB polarization ( $V_{\text{BBB}}^A$  per  $\bar{E}_{\text{BRAIN}}$ ) based on  $\lambda_{\text{BBB}}$  (Fig. 1, row d). Second, for the BBB electric field amplification (BBB electric field per unit parenchyma electric field) we compared numerically computed average ( $E_{\text{BBB}}$  per  $\bar{E}_{\text{BRAIN}}$ ) and punctate ( $E_{\text{BBB}}^*$  per  $\bar{E}_{\text{BRAIN}}$ ) BBB electric field amplification with the analytical BBB electric field amplification ( $E_{\text{BBB}}^A$  per  $\bar{E}_{\text{BRAIN}}$ ) based on  $\lambda_{\text{BBB}} / d_{\text{th-BBB}}$  (Fig. 1, row e).

Across all simulated conditions, the numerically computed maximum polarization length ( $V_{\text{BBB}}$  per  $\bar{E}_{\text{BRAIN}}$ ) was less than the analytical maxima ( $\lambda_{\text{BBB}}$ ). As a consequence, the numerically computed maximum average BBB electric field ( $E_{\text{BBB}}$  per  $\bar{E}_{\text{BRAIN}}$ ) was also always less than the analytical maximum ( $\lambda_{\text{BBB}} / d_{\text{th-BBB}}$ ). In some models, the within-wall numerical maximum BBB electric field ( $E_{\text{BBB}}^*$  per  $\bar{E}_{\text{BRAIN}}$ ) exceeds the analytical maximum but never by more than by a factor of two. Provided our assumptions, the analytical solution for maximum BBB polarization (equation (7)) and amplification factor (equation (10)) can thus be considered reasonable approximations.

Finally, note that for principle 1 analysis, an average ("bulk")  $\bar{E}_{\text{BRAIN}}$  was assumed; however, distortion in electric field around the periphery of capillaries was already noted in these simulations and was central to the analysis of nonuniform  $E_{\text{BRAIN}}$  for principle 2.

### Electric Fields Amplification at the BBB Across Neuromodulation Interventions (Principle 1)

We considered five exemplary brain stimulation techniques (tDCS, TMS, ECT, DBS, and SCS) with associated brain targets (cortical, white matter, subcortical, thoracic spinal white matter, and thoracic spinal gray matter). For each brain region, capillary anatomy (wall thickness:  $d_{\text{th-BBB}}$ ; capillary diameter:  $2r_c$ ; lumen diameter:  $d_l$ ), and BBB membrane and blood resistivities ( $r_{\text{BBB}}$  and  $r_{\text{BLOOD}}$ ) were derived from prior literature.<sup>24–26,68,72,73,79–82</sup> These values were used to calculate a representative BBB space constant ( $\lambda_{\text{BBB}}$ ) for each brain region. Typical brain electric field produced by each stimulation modality was also derived from literature.<sup>60–67,69–71</sup> Finally, using the analytical method for predicting maximal BBB polarization length and BBB electric field

amplification factor (Fig. 1), for each brain stimulation technique and associated brain region, the maximal BBB polarization ( $V_{\text{BBB}}$ ) and BBB electric field ( $E_{\text{BBB}}$ ) is predicted (Table 1).

The  $E_{\text{BBB}}^A$  ranges from  $\sim 100$  V/m for tDCS of cortex to  $\sim 100$  kV/m for DBS. We note that variations in dose within each neuromodulation modality (eg, electrode separation) and which brain region is considered (eg, distance from electrode) causes  $E_{\text{BRAIN}}$  to vary. Moreover,  $E_{\text{BRAIN}}$  (and so  $E_{\text{BBB}}$ ) for any modality will vary linearly with applied current. Nevertheless,  $E_{\text{BBB}}^A$  is consistently greater by over two orders of magnitude than  $\bar{E}_{\text{BRAIN}}$ . The temporal waveform of  $E_{\text{BBB}}$  would vary for each modality and programming as these settings effect  $E_{\text{BRAIN}}$ . For example,  $E_{\text{BBB}}$  would be static for tDCS and would biophysically be pulse for other modalities. Our model assumes no temporal filtering (eg, low pass) in the BBB amplification factor.

### Theoretical Basis for Neuron Polarization Amplification by Capillary Ultrastructure (Principle 2)

We developed a theory to predict distortion of current flow in the brain parenchyma by capillary ultrastructure and implications for maximum neuronal polarization. For cortical, white matter, subcortical, thoracic spinal white matter, and thoracic spinal gray matter, we derived capillary bed length density ( $L_v$ ), surface density ( $S_v$ ), volumetric density ( $V_v$ ), numerical density ( $N_v$ ), and intercapillary distance (ICD) (Table 2). A representative vascular network of parallel solid capillaries was modeled for each brain region (Fig. 2, column a). The model was designed to be independent of brain voxel dimension and provides a conservative (uniform, no tortuosity) capillary distribution (see Methods).

For each BBB geometry, the parenchyma electric field ( $E_{\text{BRAIN}}$ ) and electric field gradient (activating function) were calculated along three straight trajectories: Proximal ( $\sim 5$   $\mu\text{m}$  away from a capillary at a nearest point), middle (centered between adjacent capillaries, half the inter-capillary distance at a nearest point), and distal (no capillary zone,  $\sim 100$   $\mu\text{m}$  from a capillary at a nearest point).  $E_{\text{BRAIN}}$  and activating function were reported (normalized to) per average parenchyma electric field ( $\bar{E}_{\text{BRAIN}}$ ).

Electrical field in the brain parenchyma ( $E_{\text{BRAIN}}$ ) was distorted around brain capillaries, producing  $\sim 50\%$  modulation of the average parenchyma electric field ( $\bar{E}_{\text{BRAIN}}$ ) (Fig. 2, columns b and c). This change occurs within less than half of an inter-capillary distance, producing activating functions of  $\sim 100$  kV/m<sup>2</sup> per unit average parenchyma electric field ( $\bar{E}_{\text{BRAIN}}$ ) (Fig. 2, column d). Both the depth of  $E_{\text{BRAIN}}$  modulation and spatial rate of change increased with capillary density.

### Neuronal Stimulation Driven by Capillary Ultrastructure Across Neuromodulation Interventions (Principle 2)

We considered five exemplary brain stimulation techniques (tDCS, TMS, ECT, DBS, and SCS) with associated brain targets (cortical, white matter, subcortical, thoracic spinal white matter, and thoracic spinal gray matter). For each region, relevant capillary anatomy (Table 2) was used to calculate modulated  $E_{\text{BRAIN}}$  (the range of  $E_{\text{BRAIN}}$  changes) and activating function per unit average parenchyma electric field ( $\bar{E}_{\text{BRAIN}}$ ). Next, we combined these constants with specific brain electric fields (Table 3). This analysis assumes negligible "macroscopic" change in  $E_{\text{BRAIN}}$  across brain voxel in the absence of capillaries (ie, the electric field is uniform for a homogenous brain voxel) such that any local changes in  $E_{\text{BRAIN}}$  and non-zero activating function are introduced by the presence of

**Table 2.** Capillary Network Parameters of Different Brain Regions for Various Therapeutic Modes of Electrical Stimulation.

| Brain regions         | Therapeutic mode | Length density ( $L_v$ : mm/mm <sup>3</sup> ) | Surface density ( $S_v$ : mm <sup>2</sup> /mm <sup>3</sup> ) | Volumetric density ( $V_v$ : mm <sup>3</sup> /mm <sup>3</sup> ) | Numerical density ( $N_v$ : mm <sup>-3</sup> ) | Inter-capillary distance (ICD: $\mu$ m) <sup>83,84</sup> |
|-----------------------|------------------|---|--|---|--|--|
| Cortical              | tDCS, TMS, ECT   | 256 <sup>85</sup>                             | 7.9  | 0.02  | 492  | 45   |
| White matter          | TMS, ECT, DBS    | 160 <sup>86</sup>                             | 4.9  | 0.01  | 307  | 57   |
| Subcortical           | ECT, DBS         | 328 <sup>52,83,87</sup>                       | 10.1   | 0.03  | 631  | 40   |
| Thoracic white matter | SCS              | 810 <sup>88</sup>                             | 24.9   | 0.06  | 1558   | 25   |
| Thoracic gray matter  | SCS              | 972 <sup>88</sup>                             | 29.9   | 0.07  | 1869   | 23   |

capillaries. However, it is the macroscopic changes that are conventionally assumed to drive neuronal stimulation for many modalities. We thus, contrasted activating functions generated by conventional macroscopic tissue changes (values derived from the literature<sup>39,63,65,67,71,72,77,89–92</sup>) with the BBB ultrastructure generated activating function derived here. This comparison is subject to a range of assumptions (eg, distance from electrodes) and simplifications (eg, linear and homogenous capillary structure). Nevertheless, BBB ultrastructure driven changes may conservatively exceed those conventionally derived from macroscopic tissue changes (Table 3). Moreover, for some techniques, such as tDCS, the electric field is conventionally assumed uniform<sup>39,42</sup> (zero activating function), but our analysis instead suggest that it is nonuniform because of spatial modulation by BBB ultrastructure.

### Translational Applications of Neurocapillary-Modulation Principle 2

The application of neurocapillary-modulation principle 2, and further insight on its impact, was demonstrated for three neuro-modulation technologies. tES applies weak current to the brain through electrode on the scalp, including tDCS and transcranial Alternating Current Stimulation (tACS), and with higher currents in electroconvulsive therapy (ECT).<sup>93</sup> In this case, we simulated the M1-SO montage with 1 mA applied current (Fig. 3a1); resulting brain electric fields (Fig. 3a2) were consistent with predictions from prior models,<sup>39,60,94</sup> as governed by macroscopic anatomy (skin, skull, CSF, and brain). The electric fields in gray matter and white matter were largely uniform (Fig. 3a3a,e), reflected in minimal activating functions (Fig. 3a4b,f). Using a multiscale approach (see Methods), the average electric field in each ROI was applied to a brain voxel with region-specific capillary density. The resulting electric field was moderately elevated (Fig. 3a5c,g) compared to the capillary-absent (standard) case. The presence of capillaries

resulted in a nonuniform electric field, reflected in a significantly elevated activation function (Fig. 3a6d,h). The conversion of a largely uniform electric field to a nonuniform may categorically impact neuromodulation.

Neurocapillary-modulation principle 2 was applied to an exemplary SCS model (Fig. 3b1) based on the RADO-SCS open-source model.<sup>72</sup> Consistent with the prior models,<sup>77,95–97</sup> the macroscopic current flow patterns and the resultant electric fields were determined by a gross anatomy (Fig. 3b2). In a standard model without capillaries, electric field (Fig. 3b3a,e) and activating function (Fig. 3b4b,f) were predicted in the dorsal column and dorsal horn ROIs. The impact of capillaries was simulated by applying the average (incident) electric fields in each ROI to respective dorsal column or dorsal horn voxels with region-specific capillary density. Electric fields in the spinal cord increased moderately (Fig. 3b5c,g) while the activating functions increased significantly (~2 orders of magnitude) as a consequence of warping of current flow around capillaries (Fig. 3b6d,h).

Finally, we demonstrated the application of neurocapillary-modulation principle 2 to models of DBS. A model of STN targeted DBS<sup>68,98,99</sup> (Fig. 3c1) predicted current flow between energized leads (Fig. 3c2) based on macroscopic tissue properties. In a standard model without capillaries, the electric field (Fig. 3c3a,e) and activating function (Fig. 3c3b,c4f) in the STN and GPi ROIs were predicted. A multiscale model, where the average electric field in each ROI was applied to a brain voxel with region-specific capillary density, predicted a moderately elevated electric field (Fig. 3c5c,g) and a significantly elevated (~two orders of magnitude) activating function (Fig. 3c6d,h) across the ROI. Alongside stimulations of other neuromodulation technologies, this serves to illustrate that neurocapillary-modulation principle 2 acts at all distance from stimulating electrodes. Thus, while electrode configuration and macroscopic anatomy govern how much current

**Table 3.** Electric Field Modulation and Activating Function Created by BBB Ultrastructure for Exemplary Neuromodulation Techniques and Brain Targets.

| Brain region       | Therapy mode | Average electric field in brain ROI $\bar{E}_{\text{BRAIN}}$ (V/m) | $E_{\text{BRAIN}}$ modulation from capillary ultrastructure (V/m) | Neurocapillary activating function (from capillary ultrastructure) (V/m <sup>2</sup> ) | Conventional activating function (from macroscopic structure) (V/m <sup>2</sup> ) |
|--------------------|--------------|--|---|--|---|
| Cortical           | tDCS         | 0.27–0.3 <sup>60,61</sup>  | 0.12–0.14   | $9.93 \times 10^3$ – $1.10 \times 10^4$  | ~0 <sup>39,89</sup>   |
| Cortical           | TMS          | 56.5–157.7 <sup>62–64</sup>  | 25.4–70.9   | $2.08 \times 10^5$ – $5.80 \times 10^6$  | ~0 <sup>63,67</sup>   |
| Cortical           | ECT          | 125–240 <sup>63,65,66</sup>  | 56.3–108  | $4.60 \times 10^5$ – $8.82 \times 10^6$  | ~0 <sup>65,90</sup>   |
| Subcortical        | ECT          | 100–125 <sup>65,67</sup>   | 42–52.5   | $3.35 \times 10^6$ – $4.19 \times 10^6$  | ~0 <sup>65,90</sup>   |
| STN, GPi, Thalamus | DBS          | 200–1069 <sup>68–71</sup>  | 60–320.7  | $6.70 \times 10^5$ – $3.58 \times 10^7$  | ~2 $\times 10^5$ <sup>71,91</sup>   |
| White matter       | SCS          | 14.7–60 <sup>72,73</sup>   | 6.6–27  | $3.74 \times 10^5$ – $1.53 \times 10^6$  | ~5.0 $\times 10^4$ <sup>72,77</sup>   |
| Gray matter        | SCS          | 21 <sup>72</sup>   | 12.2  | $9.25 \times 10^5$   | ~8 $\times 10^3$ <sup>72,77</sup>   |

$E_{\text{BRAIN}}$  modulation and activating functions are reported for the proximal neuronal trajectory.

(incident electric field) arrives at each ROI, the spatial profile of brain parenchyma electric field along the neurons depends on local capillary ultrastructure.

## DISCUSSION

The study of which neural elements are activated by neuro-modulation is exhaustive and includes verification in isolated systems without vasculature.<sup>100–102</sup> The first principle of neurocapillary-modulation, that primary stimulation of BBB function leads to secondary changes in neuronal activity, is complementary to these conventional theories of direct neural stimulation. We predict that the maximal electric field across the BBB ( $E_{BBB}$ ) is over two orders of magnitude above brain parenchyma ( $E_{BRAIN}$ ), with a maximum amplification factor ( $\lambda_{BBB}/d_{th-BBB}$ ) adapted from the cable theory. Electric field across the BBB modulate water and solute transport<sup>20–22</sup> which in turn regulate neuronal metabolic capacity and interstitial clearance. Brain imaging techniques that depend on hemodynamic changes are a bedrock of systems neuroscience (eg, fMRI, fNIRS)—we suggest that in the specific case of neuromodulation, they can be interpreted as suggestive of direct capillary modulation (first principle) rather than secondary neurovascular coupling.

BBB integrity and NVC function are essential for the brain health and so cognition. Brain hemodynamics (NVC) and BBB transport are disrupted in aging<sup>32,33,35,103</sup> and brain disease, including Alzheimer's disease and Parkinson's<sup>104–106</sup> and following brain injury.<sup>7,107,108</sup> Indeed, BBB dysfunction may be a link across these disorders.<sup>109,110</sup> Notably, while Alzheimer's disease is traditionally considered a disease of neurofibrillary tangles and amyloid plaques, structural and functional changes in the microvessels may contribute directly to the pathogenesis of the disease,<sup>111–115</sup> specifically disruption of brain clearance systems dependent on (water) transport across the BBB.<sup>30,116,117</sup> For a wide range of brain disorders, there is interest in interventions modulating brain hemodynamics and clearance system; neuromodulation may have powerful and unique actions (principle 1).

When neuromodulation drives intense neuronal activity or relies on neuroplasticity, then neuromodulation is governed by brain metabolism and so by neurocapillary dynamics. The direct stimulation of the BBB by neuromodulation (principle 1) may thus also play a role in modulating metabolically active states created by direct neuronal stimulation mechanisms. To the extent, hemodynamic-based functional imaging of neuromodulation does not reflect direct BBB stimulation (principle 1) but rather conventional NVC, it still reinforces the role of the BBB in governing neuronal responses.

The second principle of neurocapillary-modulation addresses direct neural stimulation but with efficacy that is governed by current flow distortion around capillary ultrastructure. We develop a theory relating capillary density to local fluctuations in  $E_{BBB}$ . Stimulation of neurons is traditionally modeled as reflecting two cases: 1) changes in  $E_{BRAIN}$  along the neural structure (activating function)<sup>48,118,119</sup> and 2) polarization by locally uniform  $E_{BRAIN}$ .<sup>44,59,120</sup> In the first case,  $E_{BRAIN}$  gradients are conventionally assumed to reflect macroscopic variation in both tissue resistivity and decay with distance from electrodes. However, by principle 2, local  $E_{BRAIN}$  gradients produced by BBB ultrastructure may overwhelm those changes driven by traditional macroscopic models (Table 3 and Fig. 3b,c). In the second case, principle 2 suggests

locally uniform brain electric fields may in fact not exist (Table 3 and Fig. 3a). In both cases, that stimulation dose and macro-tissue properties still govern the "incident"  $E_{BRAIN}$  arriving at each brain target (modeled here as the average parenchyma electric field [ $\bar{E}_{BRAIN}$ ]), which is then modulated by regional BBB ultrastructure (Fig. 3). In this sense, the quasi-uniform assumption remains valid.<sup>42,43,121</sup> The tES, SCS, and DBS examples modeled here illustrate a multiscale implementation method applicable to any neuromodulation technology and suggest a high impact on resulting neuronal activation. However, the precise extent by which neurocapillary-modulation principle 2 reduces the threshold for stimulation, increases a spatial extent of neuromodulation, and alters which neuronal elements are activated will be application specific.

These neurocapillary-modulation principles are unrelated to BBB injury by electrical stimulation, which depends on electrochemical products.<sup>122,123</sup> Activation of neurogenic regulation of cardiac function<sup>124–126</sup> or brain clearance<sup>127</sup> including electrical stimulation of perivascular innervation<sup>128</sup> is distinct from the direct BBB polarization of principle 2. Electrical stimulation of glia<sup>129–131</sup> and subsequent astrocyte regulation of the BBB<sup>132</sup> are also parallel but distinct pathways.

The capillary bed of the brain is comprised of a tortuous network of intercommunicating vessels formed by specialized endothelial cells. Endothelial cells and pericytes are encased by basal lamina (~30–40 nm thick) containing collagen type IV, heparin sulfate proteoglycans, laminin, fibronectin, and other extracellular matrix proteins.<sup>133</sup> The basal lamina of the brain endothelium is continuous with astrocytic end feet that ensheath the cerebral capillaries.<sup>134,135</sup> None of these details was modeled here and point to still more intricate mechanisms of neurocapillary-modulation. When considering larger vessels of the cerebrovascular tree, neurocapillary-modulation falls under the broader emerging field of neurovascular modulation—with broad applications in treatment of brain disease, especially disorders that are already linked to dysfunction in brain clearance or NVC.

## Authorship Statements

Niranjan Khadka and Marom Bikson designed and prepared the manuscript with novel inputs. Niranjan Khadka ran the model, collected data, and analyzed the data. Marom Bikson edited and revised the manuscript. All authors approved the final manuscript.

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